

REFORMER PILATES

29TH JANUARY ONWARDS

AVAILABLE TO WELLNESS MEMBERS ONLY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	
7:00AM	7:00AM	7:00AM	7:00AM	7:00AM	8:30AM
9:30AM	9:30AM	9:30AM	9:30AM	9:30AM	9:30AM
10:30AM	10:30AM	10:30AM	10:30AM	10:30AM	
5:30PM	5:30PM	5:30PM	5:30PM	5:30PM	
6:30PM	6:30PM	6:30PM	6:30PM		