

A TRULY COLLABORATIVE
APPROACH TO YOUR HEALTH
AND DIABETES CARE

DIABETES EDUCATOR, PODIATRIST & DIETITIAN WORKING TOGETHER FOR YOU...



BOOK NOW

Everybody Deserves to Feel Good

StayTuned 
Sports Medicine
www.staytuned.com.au

Inside Knox Leisureworks
Tormore Road
Boronia 3155
Phone 9762 9478

Shop 5 and 6
122 Ormond Road
Elwood 3184
Phone 9531 0909

WHAT MAKES US DIFFERENT

At Stay Tuned Sports Medicine we believe in a truly collaborative approach to your health and Diabetes care.

This is why we have established a passionate team of allied health professionals who, all working under the same roof, will become a key part of your long-term Diabetes care team.

Diabetes Educator

- Education for Type 1 AND Type 2 Diabetes, established & newly diagnosed
- Insulin pump therapy; commencement, change, review & education
- Insulin & medication commencement & review
- Education on administration of insulin
- Insulin Titration
- Diabetes in pregnancy including;
 - Pre-pregnancy planning
 - Post Natal Care
 - Gestational Diabetes

Podiatrist

- Annual comprehensive Diabetes foot check
- Detection and referral for nerve, joint & blood vessel damage
- Assesses the health of your nerves, blood circulation, muscles and skin
- Key education on complications of Diabetes on feet and how to prevent it.

Dietitian

- Ensure you are meeting your individual nutrition needs
- Help you monitor the impact of your meals on your blood glucose levels.
- Understand more about the Glycaemic Index
- Learn how to correctly carbohydrate count for optimal blood glucose monitoring.

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